

SAAYA ASSOCIATION

Saaya Independent Living Center
A Project of Saaya Association



ANNUAL REPORT

2021-22



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Executive Summary:

Saaya Association is an organization of People with disabilities (registered as VSWA/ICT/562). One of the key aims is provision of support to Persons with Disability (PWDs), enabling them to realize their full potential through novel opportunities, personal choices, and community involvement. The diverse activities undertaken by the association contribute to the holistic understanding of issues of Persons with disabilities along with improvement of their status in the society. Prominent projects at Saaya include components on independent Living, inclusive education, supportive society/community and access to Justice. Strong emphasis is placed on the wellbeing of women and girls with disabilities, as they are subjected to multiple layers of discrimination.

Main Objective

The major focus of Saaya Association is to facilitate acceptance of Persons with Disability as significant human resource in society, leading to a secure and progressive environment for them. Playing a constructive role in the society becomes a hindrance for Persons with Disability as they usually lack acceptance of their own disability. The mission of Saaya is to contribute to improving the social-economic and cultural condition of Persons with Disability by raising awareness and advocacy through mass media.

Acknowledgement:

Saaya Association has been contributing towards providing individuals with disabilities with the means to live a moderately independent life for the last many years.

Many organizations have been influential in their contributions towards helping Saaya achieve their goal, including HANDS Pakistan and AAA Associates. HANDS has been supporting Saaya to assist Persons with Disability in achieving greater independence by providing relevant and prompt services and activities. Along with inculcating essential life skills in Persons with Disabilities, these activities have helped sensitize the general public regarding issues related to disability. With difficulty in accepting their own disability, the Persons with Disability seldom find platforms from where one can learn about independent living and become a resourceful member of the society. Saaya intends on bringing Persons with Disability out of their solace and misery and into mainstream life so that they can play a role in the progress of society. Saaya aims to build the confidence of Persons with Disability and their families.

The Saaya team wants to express special gratitude for the personal involvement and interest of HANDS Pakistan and AAA Associates to include Persons with Disability as active members in society. In addition, with the moral and financial support by HANDS Pakistan and AAA Associates, the financial burden has decreased and as the financial stress has been relieved, the team of Saaya has experienced a friendly and progressive environment.

Saaya Association has been thankful to Allah Almighty for providing an opportunity to help people in need.

Regards, Saaya Team

Introduction: Saaya Association

According to World Disability Report issued by WHO and World Bank, one billion people or 15% of the world's population, experience some form of disability. Persons with Disabilities (PWDs) are more likely to experience adverse socioeconomic outcomes than the ones without disabilities. These outcomes can come in the form of reduced number of years of formal education, inaccessibility to adequate healthcare, fewer employment opportunities that also contributes to the higher poverty rate among the Persons with Disability. Another important factor to note here is that poverty may increase the risk of disability through malnutrition, lack of access to healthcare, unsafe working conditions, polluted environment, and lack of access to safe water and sanitation. This means that with the increase in poverty, the risk of disability may increase.

Almost 15% of the total population of Pakistan comprises of people, with physical and social limitations, that act as a barrier to their healthy living. Such children & adults face a life that is segregated and debased. Saaya Association aims to support Persons with Disability (PWDs) enabling them to realize their full potential through novel opportunities, personal choice, and community involvement. The association is working towards improving the ultimate status and dignity of Persons with Disability.

Saaya is focused on independent Living, inclusive education, supportive society or community and access to Justice. It pays special attention to the wellbeing of women and girls with Disabilities, as they are subjected to multiple layers of discrimination. For families and caregivers, it is a transformative process, therefore, Saaya has the provision of coaching centers for their psychosocial counselling, for which the results have been promising. A needs based course has been designed to address the psycho-social issues faced by the Persons with disabilities and their families, the monitoring for which is being conducted.



Saaya Centre for Independent Living

(Summary: Saaya Association provides necessary technical skills along with training for an independent living to help PWDs lead an independent lifestyle. Saaya Association also arranges lectures for symposiums, internship programs which includes accepting and educating trainees) Independent living for Persons with Disability provides Persons with Disability with the same rights and opportunities as the rest of the population. It also focuses on the Persons with Disability having a sense of control over their own life by being able to choose for themselves.

Independent living for Persons with Disability does not mean that an individual does everything; whether disabled or not. Every human being is interdependent and it would be difficult for any individual to function all

on his or her own. We all interact with others and depend on them in everyday life. Hence, if one set of people were denied basic rights such as education, housing, support, then it would put them at a disadvantage. They will not be able to reach their full potential and will have less chance of making independent choices or exercise their basic human rights.

Saaya CIL intends to bring Persons with Disability out of their houses and into the active life as a member of the society. It also intends to create an environment in Pakistan in general but with special emphasis on Independent Living Centre where Persons with Disability (PWDs) can visit the marketplace and other places of public interest without being sneered at or without feeling ashamed of being in a wheelchair or any other assistive gadget.

Saaya CIL is an exemplary and highly appreciated implementation of the emerging concept of Independent Living in real terms for persons with diverse and severe disabilities. It has been serving the desperate individuals with diverse and severe disabilities for more than five years with the support of HANDS Pakistan. Saaya Centre for Independent Living is a new ray of hope in the lives of persons with disabilities. Independent Living demands equal rights for individuals with any form of disability. It stresses that persons with disabilities are equally eligible to enjoy all the fruits of life and living. Regretfully, the persons with disabilities remain confined to their homes. They should not be punished for their disabilities. They are equally humans and they deserve to play their active role in the mainstream.



Services by Saaya Center for Independent Living

One of the many purposes of the Saaya Association is to ensure that Persons with Disability are provided with proper training and equipment to lead an independent lifestyle. Here is a list of various services provided by the Saaya Association for Persons with Disability including;

Trained Staff:

At Saaya, we recruit and train staff to assist Persons with Disability at the Independent Living center.

Attendant:

We train Attendants to provide Service for Persons with severe Disabilities who are unable to perform certain tasks due to their physical limitations.

Awareness Raising:

At Saaya Independent Living Center, awareness regarding various disability issues is raised using creative means. Saaya Association also publishes newsletters for information exchange regarding Persons with Disability.

Natural Disaster Management Training:

Physical disabilities can be caused by multiple factors that is why we also focus on natural disaster management training for the people who have become physically impaired in any incident.

Counseling for Persons with Disability:

Due to a lack of awareness and training programs, many Persons with Disability depend on the people around them for assistance with everyday tasks. Realizing the need, at Saaya, we provide counselling and take possible measures to help Persons with Disability become an active member of the society by accepting their disability.

Provision of Assistive Devices:

There can be various reasons for physical impairment, which means that there are various requirements when it comes to assisting the Persons with Disability. At Saaya Association, we provide Persons with Disability with the necessary assistive devices that will allow them to lead a successful life.

Computer Training Courses:

With the advancement in technology, computer skills have become a necessary part of life. The trained staff at Saaya Association allows Persons with Disability to take Computer training courses, including hands-on training of Microsoft Office and graphic designing.

Psychosocial Support Training

Like any individual, Persons with Disability also require psychosocial support. Psychology and the surrounding environment of the individual greatly affect the mental health and productivity. Which is why Saaya Association providing psychosocial support training for the family members of Persons with Disability.

Workshop for Manual & Electric Wheelchairs Maintenance

Manual and electric wheelchairs have spare parts, which can require maintenance, repairs, or replacement. Saaya Association has an expert team with an Engineer in lead, which deals with replacement battery chargers for electric wheelchairs, handle grips, wheel locks, hand rims, and much more. Our capabilities also include programming manual & electric wheelchairs to adjust speed, sensitivity, reaction time, and other parameters, ensuring ideal performance according to disability of the individual.

Alternative Hand Control Systems for Vehicles

An automobile adapted for ease of use by Persons with Disability. Today automobiles can be adapted for a range of physical disabilities. Such as, the foot pedals can be raised, or replaced with hand-controlled devices. Automotive adaptive hand controls also make it possible to adjust acceleration as well braking. We at Saaya offer all these services, which continue to broaden opportunities for Persons with Disability to drive vehicles with hand controls and adaptive automotive products and devices.

Referral Program between Centers for Persons with Disability across the Country.

Saaya Association has strong linkages with other OPDs (Organization of People with Disabilities) and SHGs across the country. We counsel and facilitate people to contact the nearby organizations and in case of need of any services, Saaya makes the appointment with relevant department to ensure most credible services and information.

Network of women with disabilities

Saaya Association always gives prime importance to the empowerment of women. Women with disabilities are amongst the most marginalized and disadvantaged people in the world. The intersection of gender inequality and disability presents a situation of multiple levels of discrimination. They are less likely to be educated, employed and well housed than any other population group. Our Mission is to lead the way for women with disabilities at grass root level and improve their choices by being a voice, building partnerships, providing information and educating the community

Staff at Saaya Association:

The team of Saaya is motivated and driven towards helping and facilitating Persons with Disability. Almost all of the Saaya team consists of people with some form of physical disability and they are focused on making other Persons with Disability confident by becoming an active and independent member of society.

MAJOR ACCOMPLISHMENTS:

Accessibility audit of Islamabad

Saaya Association has conducted accessibility audits in 2021-2022 to account for accessible infrastructure like public places, government buildings and restaurants. The main purpose is to generate awareness among the general public about the barriers for Persons with disabilities and regarding significance of accessible environment.

Sports Activities 2021-2022:

Sports are healthy activities that boost the moral and confidence of Persons with disabilities by bringing them in mainstream. Participation and organization of such events enhances social inclusion, talent, capabilities and confidence. Saaya Association has organized various sports events like Wheelchair users cricket tournament 2021, Islamabad wheelchair Marathon 2022 not only for men with disabilities but also for women with disabilities.



Observance of International Women's Day on 8th March 2022

Saaya Association organized an event for Women with & without disabilities along with the general public in collaboration with McDonald's, HANDS to Celebrate International Women Day 2022 with the Theme "Gender equality today for a sustainable tomorrow". This activity was specifically designed to provide an opportunity to our Women Especially Women with Disabilities to show their strength and unity & express their feelings by experience sharing. It was a rich session with inspiring stories of women who talked about their earlier lives of limitations and the new found opportunities that helped them become part of the public sphere. The outdoor event provided a platform to women to exhibit their public speaking skills, altering the traditional way of indoor seminars and trainings. We would really like to appreciate all the support of McDonald's in successfully undertaking this unique activity facilitating our Women with Disabilities to face the real society with courage and bravery.

Seminars Organized by Saaya Association on "Sensitivity and Inclusivity of Persons with Disabilities in Rights-based Development Process" in 2021-2022

Youth is 60% of our population. Consultative meetings, workshops and seminars are very useful tools to make youth aware about their roles and responsibilities towards persons with disabilities. Saaya Association regularly conduct seminars/workshops in educational institutions to sensitize them about understanding different dimensions of disability. Saaya Association has organized various seminars on "Sensitivity and Inclusivity of Persons with Disabilities in Rights-based Development Process" in 2021-2022 in collaboration with different universities of twin cities.



Wheelchairs Distribution 2021-2022

Since the foundation of Saaya Association Islamabad in 2008, a tradition of help has been followed by distribution of wheelchairs especially in the Holy month of Ramadan every year. We are thankful to Allah Almighty for providing us the opportunity to help those in need, as much as we can do within our capacity. The Saaya association Islamabad has been able to distribute hundreds of wheelchairs and Eid suits to people from different parts of the country every year. We are much grateful to all the individuals and community members who have been a source of support throughout the process. This year Saaya has distributed two hundred plus wheelchairs in different areas of Pakistan with the support of local philanthropists, HANDS, AAA Associates and Khushhali Microfinance Bank



Success Stories 2021- 2022

The purpose of success stories is to make people with disabilities realize that they are not alone. They are able to achieve their dreams as well as function as an active member of the society. The following success stories depict the ways various individuals found their ways to success despite being physically impaired and neglected by the society.

Success Stories			
Sr.#	Name	Disability	Story
1	Ms. Razia Khadim	Muscular Dystrophy	Razia Khadim belongs to Rawalpindi. She has Muscular Dystrophy disability. She has done graduation. She gave tuition to students. She is married. Saaya Association has provided her manual wheelchair to make her independent. She came Saaya ILC and participated in monthly awareness session. She became more confident. Now she knows more about her disability and management of life with disability in a better way after meeting the team and spending her life happily.
2	Ms. Sidra Sultan	Leg Amputation	Ms. Sidra Sultan belongs to Sialkot. She has done MBA from Sialkot but now a day she is living in Rawalpindi. Saaya Association has provided her manual wheelchair to make her Independent. Now she is doing job in bank and enjoying her life to the fullest.
3	Ms. Fozia Bibi	Polio	Despite being shunned from the society, Fozia Bibi never gave up and pushed through all the hurdles and hardships. She visited Saaya Association to know about her disability, its problems and needs. Saaya Association has also provided her wheelchair to make her Independent. Now she is able to perform her daily life tasks by her own.
4	Mr. Sanatullah	Polio	Lack of information about his disability and difficulty managing his daily activities led him to depression. After visiting Saaya, he received training from the team. He is now able to do various activities independently. He is pursuing his education and running his own business.
5	Ms. Kainat Babar	Spinal Cord Injury	After receiving an injury to her spine, caused by an accident, she was bed ridden and lost the ability to walk normally. She was unable to complete her education due to severe disability. After visiting Saaya Independent living center she got knowledge on disability. Now she is leading an independent life.
6	Ms. Bushra Imran	Cerebral Palsy	Due to her disability and lack of confidence, she was confined to her home for quite some time. After she visited Saaya and received training for her disability, she got confident. Now she is living a successful life.
7	Ms. Komal Arif	Polio	Komal belongs to Karachi and living in Islamabad now a day. She is doing graduation from Allama Iqbal Open University. She did not know much about her disability before joining Saaya. After receiving training from Saaya regarding her disability, she is now able to perform her daily life tasks easily. Now she is leading a happy life.
8	Ms. Shaheen	Spinal Cord Injury	She belongs to AJK. She has four sisters and one brother. In 2005 earthquake she got spinal cord Injury. She was in matric when this incident happened. When earthquake came, she was faded and her legs were not moving. She was still at one place; after 3 days she was rescued by hospital van to Rawalpindi hospital DHQ. There she operated but operation surgery was mistaken and she got spinal cord Injury disability. She admitted in Handicap hospital Islamabad. There she spent 5 years. She uses wheelchair now and she got trainings from Saaya. She continued her studies and also done different computer courses, editor courses. She became more confident. Now she knows more about her disability and management of life with disability in a better way after meeting the team and now she is doing a job in private firm and spending her life happily. She is also a cricket player of Saaya team.
9	Ms. Sania Ejaz	Hip Disarticulation Congeal	Ms. Sania Ejaz and my disability is physical (absence of left leg). She was normal by birth but after some time she was diagnosed that there are no veins in left leg due to which, she was detached from my body at age of 4. After this her family was very insecure regarding her future but they help her and support her throughout her life. That's why today she is studying in COMSATS University in order to fulfil her goals. She got trainings from Saaya. She continued her studies and also done different computer courses. She became more confident. Now she knows more about her disability and management of life with disability in a better way after meeting the team and now she drives her modify bike herself and spending her life happily.
10	Mr. Umair Shahzad	Visually Impaired	Mr. Umair Shahzad belongs to Taxila. He is visually impaired. Currently he is doing F.A. He faces several challenges like neglect-ion enclosing from social activities and discouragement towards higher education. He visited Saaya office Islamabad and joined five days' disability training workshop. He appreciated the working of Saaya and has shown his full cooperation and support towards mission of Saaya. This training inspired and rebuild his self -confidence. Now he is an active member of Saaya. He got married recently.
11	Mr. Ghulam Asghar	Spina Bifida	Ghulam Asghar belongs to Rawalpindi. He visited Saaya Association with his father to get information about his disability. He is a student of class 6th. The discussion with him regarding his disability issues, problems, and solutions was very fruitful. He was very happy after meeting with other persons with disabilities.
12	Mr. Waleed Ahmed	Short Height	Waleed Ahmed belongs to Rawalpindi. He visited Saaya Association for the first time. It was a good discussion with him related to his disability needs, problems and solution. He is currently doing language course from NUML University. He felt motivated after meeting Saaya Team.



Case Studies (July 2021- June 2022)

Saaya Association not only aims to help the individuals overcome their disabilities, but it also tries to understand the causes as different reasons will have different solutions. Many people do not realize that there can be multiple reasons for physical disabilities. Saaya Association aims to raise awareness regarding these cases. Hence, here is a list of various case studies that Saaya team dealt with first hand.

Sr #	Name	Disability	Story
1	Ms. Dabeera Malik	Muscular dystrophy	Ms. Dabeera Malik is resident of Islamabad. She is 29 years old. Her disability is muscular dystrophy. Muscular dystrophies are a group of muscle diseases caused by mutations in a person's genes. Over time, muscle weakness decreases mobility, making everyday tasks difficult. Disability itself is a stigma in our society and women with disability is far beyond this. She was reluctant to go outside of home and getting education due to unacceptance in our society. She came to know about Saaya Independent Centre and five days Coherent Internship program for persons with disabilities. She attended this five-day program. According to her "I had never been this confident in my life as I am now; because I have interacted with different people with multiple disabilities which has broaden my vision towards living a life with disability. I am now optimistic about my life and will start my studies". She completed her intermediate education and intends to continue in future as well. Her disability has restricted her mobility. Now she is planning to take admission in distance learning where she can study at home.
2	Mr. Abdullah Khan	Polio	Mr. Abdullah Khan lives in G-7 Islamabad. He has polio disability. He has done Matriculation from Al Farabi Special Education Centre G-8\4 Islamabad. He was unable to continue studies due to his disability. He was stuck in his home. He came to know about the organization through his friend and visited here. He got trainings from Saaya and became more confident. He participated in different training sessions and learnt about different disabilities, his disability and management of life with disability in a better way after meeting the team and now spending his life independently by operating his own mobile shop.
3	Mr. Babar Ali	Spinal cord injury	Mr. Babar Ali belongs to Rawalpindi. He has Spinal Cord Injury disability. He got this disability in 2007 due to an accident He got training from Saaya Independent Living Centre and gain confidence. He is the only male member of his family. Now he is running small general store near his house to earn for his family and living his life independently after training from Saaya independent living center.
4	Ms. Laiba Noor	Rickets	Ms. Laiba Noor belongs to Rawalpindi. She has two brothers and one sister. She has completed FSC pre medical from Islamabad Model College for Girls (IMCG) F-7\2 Islamabad. Now she is currently doing BS Audiology from ISRA University Islamabad. Saaya Association has provided manual wheelchair to make her Independent. Now she is able to perform her daily tasks easily. She has attended 5 days Internship Training Program on Coherent Capacity Development Program for persons with disabilities at Saaya Independent Living Centre. Before attending the training, she has no confidence. This training program gave her lot of knowledge about her disability its needs problems and solutions and many other topics like disability and its kinds, Inclusive Development, disability and its barriers, how to work in an office environment and many other topics. Now she is confident enough and facing the world with courage and living life happily.
5	Mr. Moazzam Hussain	Cerebral Palsy	Mr. Moazzam Hussain belongs to Rawalpindi. He has done B.A form Punjab University. Saaya Association has provided manual wheelchair to make him Independent. Now he is able to perform his daily tasks easily. He got different trainings on disability from Saaya Association. Now he is able to manage his life with disability in a proper way
6	Mr. Hamza	Spinal Cord Injury	He was confined to his home due to lack of mobility. After visiting Saaya Association he received training and awareness about his disability, he regained his confidence. He also received a wheelchair to accommodate his disability. He is now able to do most of his tasks by him self.
7	Mr. Muhammad Yasir	Leg Emputation	Muhammad Yasir belongs to Islamabad. He is doing Matric from International Islamic School but he was hopeless and unable to accept his disability. He got trainings on disability at Saaya Independent Living Centre. Before attending the training, he has no confidence. This training program gave him lot of knowledge about his disability. Now he is living his life to the fullest.
8	Ms. Sahrish Jannat	Weak leg and Scoliosis in Spine	She has done MBA finance from University of Poonch AJK. As time passes her confidence level become low due to her disability. She has attended different trainings on disability at Saaya Independent Living Centre and is determined to make something out of her life. Now she is doing job in bank.
9	Mr. Muhammad Umer	Polio	He is suffering from Polio. He lost his confidence due to disability. After receiving the trainings about disability at Saaya Association, he was not only well informed about her disability but was also able to manage daily activities. He is more confident now and motivated to do something for himself.
10	Ms. Summera Naz	Polio	Summera Naz belongs to Islamabad. She is currently doing BS from Allama Iqbal Open University Islamabad. She took different trainings on disability from Saaya Independent Living Centre. Now she is doing job in a private clinic. There are so many positive impacts of training on her. Now she accepts herself with disability, feel good, confident and happy with her life.
11	Ms. Nazia Bibi	Polio	Nazia Bibi belongs to Islamabad. She is married and have one child. She has attended different training Programs on disability at Saaya Independent Living Centre. Before the training she has no confidence. There are so many positive impacts of training on her. She has no wheelchair. Saaya Association has provided her manual wheelchair which is according to her disability. Now she is able to move independently in society.
12	Mr. Sohail Amar Khan	Muscular Dystrophy	Mr. Sohail Amar Khan belongs to Islamabad. He is doing Masters in Business Administration from Quaid e Azam University Islamabad. He took different trainings on disability from Saaya Independent Living Centre. Now he has a lot of knowledge about his disability its needs problems and solutions Now he is living life without any fear.

Five Days Internship Programs for Disabled Students:

Saaya Association has organized twelve (12) five days' internship sessions for students with disabilities with the support of HANDS Pakistan at Saaya Centre for Independent Living Islamabad. Thirty-six (36) students with disabilities attended five days' internship session during the year 2021-2022.

The main purpose of these sessions was to improve the participation of students with disabilities in society by providing them with internship opportunities. In addition, it encouraged positive changes in the perception and attitudes toward disabilities within the private sector.

The contents of this Internship program are as follows:

- Understanding of Disability and Inclusive development.
- Independent Living
- Self-Acceptance, Self Confidence
- Confidence building and decision making through group discussion
- Kinds of Disabilities Physical, Visually Impairment, Hearing Impairment, Intellectual
- Diversity, how to make Friends Working in Office Environment
- Team Building
- Improving skills in research, communication in groups, interpersonal communication and observation
- Disability Models
- Frequently challenging and changing Attitudes and beliefs
- Adaptability to change
- Community Work
- Effective Communication,
- Value based social responsibilities,
- Personal characteristics
- Individual issues of the disabled persons, Barriers
- Critical/Negative thinking and Problem-Solving skills
- How to think Positive
- Importance of Out Reach Activities
- Experience Sharing as role Model
- Society Responses towards Disabled Persons
- Growth and care model, Self-Recognition, discipline (self-discipline, Office discipline/business discipline)
- Networking and Mentoring



Monthly Awareness Sessions 2021-2022:

Saaya Center for Independent living conducts Monthly Awareness Sessions on understanding of Disability & concept of Independent Living at Saaya Office Islamabad with the support of HANDS. The main purpose of these sessions is to create awareness regarding disability among new persons with disabilities and to bring these people out of isolation so that they can become an active member of the society. Parents of children with disabilities and community members were also present in the session. Ninety-eight (98) people with disability, including family members attended Monthly awareness sessions in 2021-2022.

Activities and Trainings organized by Saaya Team for Persons with Disability

Saaya CIL intends to bring Persons with Disability out of their houses and into the active life as a member of the society. It also intends to create an environment in Pakistan in general but with special emphasis on Independent Living Centre where Persons with Disability (PWDs) can visit the marketplace and other places of public interest without being sneered at or without feeling ashamed of being in a wheelchair or any other assistive gadget.



Events, Activities and Trainings organized by Saaya ILC for the year of 2021-2022

Sr. #	Activities	Venue	Number of Beneficiaries	Participants Attended	Events Date						
1	Accessibility Audit	Centaurus Mall		15	Jul 10, 2021	22	Wheelchair Distribution Ceremony	Shaikhupura	35	80	Dec 10-2021
2	Internship Program on Disability Inclusion for the students from FJU	Saaya Office		14	Jul 12, 2021	23	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office		3	Oct 11-15-2021
3	Session on the rights and social Inclusion of Women with disabilities in development process	Saaya Office		20	Jul 14-2021	24	World Polio Day organized an inclusive cricket match Person with Disabilities	Ground Ibn-e-Sina		70	Nov 7-2021
4	Counselling Sessions on "Adolescent Health & Hygiene Issues" for Women with Disabilities	Saaya Office		17	Jul 14-2021	25	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office		3	Nov 11-15-2021
5	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office		3	Jul 12-16 -2021	26	Awareness Session on disability & Independent Living	Saaya Office		25	Nov 17, 2021
6	Awareness Session on disability & Independent Living	Saaya Office		15	Jul 27, 2021	27	Saaya Association, HANDS Organized a Seminar to Observe the International Day Of Persons with	COMSATS University		90	Dec 3-2021
7	Sport Festival	Jinnah Stadium		250	August 1-4-2021	28	Wheelchairs distribution ceremony on the International Day Of Persons with Disability	Boys Scouts Association	10	100	Dec 3-2021
8	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office		3	Aug 9-13 -2021	30	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office		3	Dec 13-17-2021
9	Wheelchair Distribution Ceremony	Kotli satian	25	60	Aug 14- 2021	31	Organized a Seminar to Observe the International Day of Persons with Disability	FJWU University		150	Dec 15-2021
10	Awareness Session on disability & Independent Living	Saaya Office		15	Aug 24-2021	32	MOU signing ceremony	FJWU University		15	Dec 15-2021
11	Accessibility Audit	Allama Iqbal Open University		15	Aug 25-2021	33	Wheelchair Distribution ceremony	Celebration hotel	30	70	Dec 17-2021
12	Covid Vaccine Medical Camp	Saaya Office		15	Aug 26 2021	34	Awareness Session on disability & Independent Living	Saaya Office		20	Dec 23, 2021
13	Cooking session for women with disability	Saaya Office		16	Aug 26-2021	35	Awareness Session on disability & Independent Living	Saaya Office		25	Jan 24, 2021
14	Sharing on the Social Inclusion and Rights of women with disabilities	Saaya Office		20	Aug 28 2021	36	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office		3	Jan 24-28-2022
15	Awareness Session on disability & Independent Living	Saaya Office		20	Sep 06-2021	37	MPR With HANDS Pakistan	Saaya Office		10	Feb10-2022
16	Session on the rights and social women's empowerment	Saaya Office		15	Sep 6-2021	38	Awareness Session on disability & Independent Living	Saaya Office		20	Feb 18-2022
17	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office		3	Sep 6-10-2021	39	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office		3	Feb 21-25-2022
18	Monthly MPR with Hands Pakistan	Saaya Office		9	Sep 17-2021	40	Islambad Wheelchair Marathon 2022	F-9 Park		200	Mar 8-21, 2022
19	Session on the rights and social women's empowerment	Saaya Office		15	Sep 6-2021	41	Observance of International Women's Day on 8th March 2022	McDonald F-10		250	Mar 8-21, 2022
20	Wheelchair Distribution Ceremony	Saaya Office	28	30	Oct 7-2021	42	Awareness Session on disability & Independent Living	Saaya Office		25	15-Mar-22
21	Awareness Session on disability & Independent Living	Saaya Office		25	Oct 8, 2021						

43	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office		3	Mar 14-18, 2022
44	Wheelchair Distribution ceremony	Muzaffargarah	30	50	21-Mar-22
45	Awareness Session on disability & Independent Living	Saaya Office		25	22-Mar-22
46	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office		3	Apr 11-15, 2022
47	Awareness Session on disability & Independent Living	Saaya Office		25	20-Apr-22
48	Iftar Dinner	Saaya Office		30	Apr 25-2022
49	Session with Group of Vsually Impaired in Right based development Process	Saaya Office		20	16-May-22
50	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office		3	May 16-20, 2022
51	Wheelchair Distribution Ceremony	Margala Hotel Islamabad	100	200	30-May-22
52	One Day Awareness Session on disability & Independent Living	Saaya Office		20	31-May-22
53	One Day Awareness Session on disability & Independent Living	Saaya Office		25	13-Jun-22
54	Session on Sensitivity & Inclusivity of Persons with disabilities in Right Based Development Process	Kotli Satiyan		70	17-Jun-22
55	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office		3	Jun 20-24, 2022
56	Dialogue on Economic Empowerment of Women with Disabilities	CHIP House Islamabad		30	21-Jun-22
57	Meeting with petrding officer National Highway & Motorway & his team	Saaya Office		15	21-Jun-22
58	Meeting with AAR Japan Team	Saaya Office		30	24-Jun-22
59	Session with (AAR Japan) Teachers, Children with disability from kpk	Saaya Office		70	28-Jun-22
60	Session conducted by Saaya Team for AAR Japan Team on Sensivity & Inclusivity of Persons with disabilities & Role of OPD in Right Based Development	Hill View Hotel		80	28-Jun-22
Total Beneficiaries and Participants			258	2462	

Conclusion:

Saaya Association plays a fundamental role in facilitating understanding and improvement in the lives of Persons with Disabilities and providing them with novel platforms to realize their creative potential. It has clear vision to improve the ultimate status and dignity of Persons with disabilities with its focus being Independent Living, Inclusive Education, and development of a Barrier-free & Right-based society.

Through its leadership, Saaya Association has brodened horizons for new Persons with disabilities. The organization plays a vibrant role in changing the lives of many people with disabilities through different counselling sessions, sessions regarding understanding of disability, group discussions, independent trainings and Capacity Building.

Saaya Association has also built good relationship with the development partners, donors, INGOs, NGOs and others DPOs, Public Sector Partners, private sector partners, Journalists, electronic media, news reporters, academic institutions etc. All these steps have been taken to ensure the development for the person with/without disabilities in Pakistan and to promote Saaya work and visibility.

THANK YOU!!