

SUMMARY REPORT

2014-15



SAAYA ASSOCIATION OF PEOPLE WITH
DISABILITIES

2014-15

SEPTEMBER 2014

Training Session with students 8 Sep, 2014

Saaya Association organized 6 week Training sessions on disability and Independent living training to the internees of Fatima Jinnah university at Saaya office.



Attendantship Training 12 Sep, 2014

Saaya Association Conduct 2 Days Attendantship Training to the students of Fatima Jinnah University and staff of Saaya.



Capacity Building & DET Training 29 Sep ,2014
Saaya Association Team Visited new launched DPO
(Sayyad Welfare Foundation) in Mardan

Saaya Association organized a DET training to Sayyad Welfare Foundation in Mardan. Mr. Asim Zafar gave Lecture on disability and Mechanism of Developing a DPO.

The whole saaya team along with their different kinds of disabilities shared their life stories and their journey on wheels that helped the local community to get better understanding of disability as a life style. The whole conversation consist of different activities to keep everyone active througout the training program.



Wheelchair Distribution 26 Sep ,2014

Saaya Association Of Person With Disabilities Distribute wheelchairs among the persons (children, women) with disabilities by the support of community . The honorable Chief guest Mr. Mustafain Kazmi Member Environment graced the ceremony.



OCTOBER 2014
White Cane Safety Day 15 Oct, 2014

A small activity was held at saaya Office in which FJU students participated desperately. Covering their eyes , experiencing the feelings of Visually Impaired person that how they manage their life by using white cane .



Training on Independent Living and Awareness Session on Disability & Role of DPOs for Community Mobilizer 17 -18Oct, 2014

The two days training session was conducted by Saaya Association at Saaya office held on 17-18 Oct, 2014. Mr.Sayyad Khan president Sayyad welfare foundation from Mardan with his team visited Saaya Office to gain some more information about the working & capacity building of DPO . The main propose of this session was to highlight the role of DPO's in Society .Ms. Saima Aslam brief & shared to the participants regarding the role of DPOs in community and told them about the working of Saaya Association .



Polio Day 24 Oct, 2015

Every year World Polio Day is celebrated on 24 Oct .To highlight the issue related to Polio and to aware the parents who refuse to give polio vaccination to their children too avoid the hazard of disability.

Saaya Association Team organized a Polio awareness walk with the students of Quaid-e-Azam University in Islamabad.



Saaya Awareness Camp 19 Nov,2014

Saaya Association Team organized an awareness campaign at Lok-Virsa to highlight the issues and the rights of person with disabilities too general public and Society. Also provide them broushers, books and information about the benefits of wheelchair.



Provincial consultative meeting 22 Nov,2014

Milestone society for the special persons & Awam organization conduct a Provincial Consultative meeting on “Disability Rights: Constraints and prospects” at Ambassador Hotel in Lahore under the Umbrella of CBID Network.



CBID Network National Conference 1 Dec,2014

National Conference of Community Based Inclusive Development CBID network was held at Lahore in the month of Dec. DPO's from all over Pakistan working under the umbrella of CBID Network participated in this conference. The theme of this conference is "Disability Inclusive Sustainable Development Goals in Pakistan."



International Disability Day 3rd Dec,2014



On the occasion of 3rd December Saaya association and the DPO's from the different cities of Pakistan participated in a peace awareness walk under the umbrella of Community Based Inclusive Development CBID network at Lahore. The main purpose of this walk was to aware the society, general public and specially towards Government to express their disappointment from the current Government and showed their unity to refuse the consent of

committee (Law & Justice). Persons with disabilities have struggled from last many year . Unfortunately, Government could not realized and recognized the need of persons with disabilities and therefore rejected and, confiscated our rights to come forward and work for Inclusive Society. it is the basic right of Persons with disability to be rehabilitated, employed and empowerment according to the ordinance 1981, but the government has proven that we are not even in the list of consideration, to be empowered.

Awareness Program 16 Dec, 2014

An international World disability day was celebrated by Saaya Association and Comsats University in Islamabad where students were sensitized of the disability issues and inclusion of persons with disabilities.

Mr. Asim Zafar President Saaya Association delivered lecture on disability where he provoked students to think what disability

is and what independent living is. He described the history of independent living movement and its contribution in the lives of persons with disabilities and how this concept changed the plight of persons with disabilities in the world.

Ms. Saima Aslam a woman with disability from Saaya Association related her life history with disability, she described how independent living has changed his life and with learning self management skills she is living an independent life,

self-management skills and mobility devices can make it happen and we can lean an independent life without being burden on others. She performs her daily living chores using personal assistant and with her electric wheelchair she can move freely in society and contribute as productive part.

Awareness Cricket match between Saaya wheelchair team & Comsats students also played at comsats ground.



Counseling Session and DET Training at Sohawa
22 January 2015

Counseling Session for Persons with Disabilities and Families in the community



9 February 2015.

- Warm welcome and great meeting organized by Mr. Jawaid Rais president (DWA) with Ms. Kishwer Zehra Minister of National Assembly regarding Political support in Provincial Assembly for Disability Bill.



- Had a productive meeting Organized By Mr. Jawaid Rais, with Minister of Special Education Ms. Rubima Qimkhani regarding Pakistan Disability Bill



- Always have a pleasure meeting with the legend of Pakistani Cricket team former cricketer & head of CSR department National Bank Mr. Iqbal Qasim.



12 February, 2015

Attending High Level Stakeholders Meeting on Accessible Transport in Pakistan.



March 2015

Observance of International Women Day 8 March ,8 2015

Each year around the world, International Women's Day (IWD) is celebrated on March 8. Thousands of events occur not just on this day but throughout March to mark the economic, political and social achievements of women. Organizations, governments, charities, educational institutions, women's groups, corporations and the media celebrate the day. Many groups around the world choose different themes each year relevant to global and local gender issues. To achieve the objective this year for the first time, the Day will be commemorated under a general theme 'MAKE IT HAPPEN'.

An event of women day was organized by Saaya Association of person with disabilities and National forum of women with disabilities (NFWWD) in



collaboration with CBID Network on 4th March 2015, in which 25 Women with Disabilities participated from Rawalpindi and Islamabad. Main purpose to organize this outreach activity was to provide an opportunity to Women with Disabilities to socialize as there are fewer opportunities for them to go to public places.

Mis Saima Aslam National Coordinator NFWWD & Director Project of Saaya expressed her views and said, Saaya & NFWWD has provided an opportunity for Women with Disabilities together Cinepax Centaurs. She added, whatever disability you have it never stops you from socializing. Issue only comes when you don't have acceptance of your strengths and weaknesses, whether you are a person with or without disabilities. Our today's activity is a proof that we have ways to move ahead. Especially when it comes to the development of a country, give due rights to women. Women with Disabilities should equally get the chance to put their part in the progress. This time we have celebrated the day on a small scale but I wish we could arrange it on a broader level next time.

Mis Abia Akram (CEO NFWWD) also expressed her thoughts with the gathering. .

At least such activities should be organized after every 2-3 months. Women with Disabilities should get opportunity to meet people so they can coordinate to come into main stream.

All Women with Disabilities also shared their views and showed interest in such activities. They enjoyed the movie time and lunch. At the end, Ms.Saima thanked to Centaurus cinepax, Saaya Association of persons with disabilities, NFWWD and CBID Network, who helped support to organize this event.



April 2015

National Wheelchair Cricket Tournament 23-25 April, 2015

6th All Pakistan National Wheelchair Cricket tournament was organized by Saaya Association (Islamabad), Milestone (Lahore) & DWA (Karachi) under the Umbrella of CBID Network in which 10 teams (including 2 teams of Women with disabilities) from different DPO's participated.

It is said that the 15% of the total population of Pakistan is disabled persons and this marginalized community still suffers lack of facilitation and proper knowledge of managing lives with disability. Like other facilitations this segment of society is kept behind in healthy activities too like sports. They are not considered healthy enough to participate in any outdoor sports but credit goes to the Disabled Persons Organizations who made it happen in the well befitting manner, the Role of DPOs

in collaboration with other organization introducing and promoting sports for persons with disabilities can never be denied. Disabled persons organization incepted this idea of sports for persons with disabilities in Pakistan and executed it in the well manner, practically organizing sports festival across the country they proved that self-done is well done.

Opening Ceremony & welcome dinner 24 Apr, 2015

A heartily welcome dinner along with music festivity was organized by the organizing committee where representatives from the national assembly, INGOs, NGOs and civil servants participated. All the teams and their official were present and enjoyed the dinner with musical performances from different local well tuned musical figures; Mian Aim



Zafar introduced the participants to the dignities from respectable parliament and other entities and made them understand the history of wheelchair cricket in Pakistan and need of its promotion at government level for the healthy generation with equal opportunities of life.

Women with Disabilities Cricket Match

It is true to relate here that this event bear fruits as it Helped Developing different DPO's (Disable Persons Organizations) in the Country & in empowered person with disabilities as well that proved as strength for Disability movement in Pakistan.

Saaya Association Islamabad, Disabled Welfare Association Karachi & Milestone Lahore organized



the 6th all National Wheelchair Users Cricket tournament at Jinnah Stadium Islamabad under the Umbrella of CBID Network.

For the first time in the history of Pakistan CBID Network has given the opportunity to the National Forum Of Women with Disability Network to organized a women wheelchair cricket match . Ms.Saima Aslam (National Co-Coordinator National forum of Women with Disabilities) gathered women with disabilities from different cities of Pakistan in Islamabad & make two Teams from them.

People showed their Great intention towards that Match & appreciate this effort made by National Forum of women with disabilities. Lots of Women with disabilities , Families & University students watched& Appreciated that Effort from national forum of women with Disabilities. Media were also there to cover this beautiful and mega event.

Closing Ceremony 25 Apr, 2015



Session of Disability Awareness (DAT) & Evacuation Training at Telenor Islamabad 13 May,2015

Employees under the umbrella of CBID Network on the topic disability awareness & evacuation training. Climax of the story was to aware the Telenor staff about the equal rights in community and equality based institutional developments at all levels. The crowd really got enthusiastic after a very interactive session lead by Mr. Asim Zafar CEO Saaya, and then Mr. Hamid Mehmood made it more informative regarding Disability & Accessibility point of view .An



explanation on how to evacuate a disable person in any kind of emergency/disaster
In the end, Telenor whole team gave their best remarks about Saaya's efforts in disability and independent living movement, hence ensuring their support and appreciations in future as well.

Pakistan special persons organized an awareness seminar by the name of 'HUM BRABER' at District Council Gujrat, Punjab 5 June,2015

Mr. Asim Zafar from CBID Network has attended this seminar as the guest speaker. Government officials, political figures and community have been sensitized through this event.



WheelChair Distribution Ceremony and Disability Awareness Seminar at Multan Khurd Tehsil Talagung District Chakwal 18 June,2015

Saaya Association Islamabad has organized wheelchairs distribution ceremony supported by



Dar-ul-Sakoon Karachi and disability awareness seminar in collaboration with Musahib Kahil Youth wing at Multan Khurd Tehsil Talagung District Chakwal, under the umbrella of Community Based Inclusive Development (CBID) Network Pakistan. The ceremony and session was attended by persons with disabilities, parents, teachers and local community.

Wheelchair Assessment & Counseling Session at Saaya Office 19-20 June, 2015

Two days wheelchair assessment & counseling session of children with disabilities & their parents was organized at saaya office Islamabad. Ms. Saima Aslam & the staff of Saaya share the experiences of disability & told them about the importance of wheelchair, how to manage their life with disability.

The Assessment of wheelchair provide the information to the parents of children with disability that what kind of wheelchair should their children use so that they can move independently in the community.



Attendantship Training of the staff members of Saaya 25 June, 2015

One day attendant ship training session to the staff of saaya was given by Mr.Hamid Mehmood at Saaya Office. He briefly described the history of attendantship & the importance of personal care assistant service in the life of a person with severe disabilities. He also added a presentation on different types of disabilities & how we can understand & manage our disability.



Later on a practical session was conducted where different approaches of attendants were performed in front of the whole staff that included both minor and severely disabled users for the better understanding of the art of being a qualified personal care assistant (attendant).

Visit of CEO Chef International Mr. Sohail Khan 03 July, 2015



CEO of the organization Chef International Mr. Sohail made his first visit to the Saaya office on 3rd July 2015. It was a very interactive staff meeting with the respected delegate as he shared a very inspirational story of his own professional career narrating how he actually got up to this professional level bearing all the hardships and educational journey. Respected delegate later on visited the mobility workshop of Saaya that is providing assistive devices such as Electric & manual wheelchairs, white canes and other technical assistance to the persons with disabilities in the region. He got very impressed of all the work team Saaya has been doing and still keeping on and appreciated all the efforts been made in the related field.



A wheelchair was donated to a deserving person with disability with by respected delegate in Saaya association. Later on he promised to support the cause and personally looking after all the related efforts.

Wheelchair Distribution Ceremony 10 July 2015



Saaya Association Islamabad has organized wheelchairs distribution ceremony supported by Dar-ul-Sakoon in Islamabad, under the umbrella of Community Based Inclusive Development (CBID) Network Pakistan. The ceremony coupled with awareness seminar was attended by persons with disabilities, parents, teachers and local community.

Since the foundation of Saaya Association Islamabad in 2009, a tradition of help has been followed by distribution of wheelchairs in Holy month of Ramadan. We are thankful to Allah Almighty for providing us the opportunity to help of those in needs, as much as we can do within our capacity. The Saaya association Islamabad has been able to distribute hundred wheelchairs and Eid suits to people from different part of the Pakistan.

The session was started with the forewords from the CEO of the Saaya Association Mr. Asim Zafar. He gave an introduction about the network; acknowledge the efforts of his team, volunteers and honorable guests. He told that Saaya Association wants to contribute in improving the social-economic, cultural condition of people with disabilities; such initiatives are only small step towards achieving the goal of equality and right based society.

Mr. Zafar Imtiaz Brig. (R) were one of the respectable guests, he has appreciated the work of the Saaya Association team. He mentioned that he feels very humble to be part of this organization since the foundation and playing his part in doing any good he can. Tariq Samuel, Manager M&E Dar ul Sakoon has also praised the efforts of the Saaya Associations as they are the supporters of the event too. Azra Tariq, Social worker from Karachi has also appreciated the whole effort of this distribution ceremony and cause in general.



Mr. Asim Zafar has paid a special thanks to Mr. Zafar Imtiaz, Mr. Faisal Nadeem, Mr. Kamran Ahmed, Mr. Nauman Rafiq (Team members Saaya Association), who has gone beyond his capacity to make this event a successful one by collecting wheelchairs and Eid suits. The society needs to help people around specially disabled people who are the marginalized community of the society and living a life of misery.

The event was ended with the shield distribution ceremony to the honorable guests and the organizers. Iftar was served to all the people who have attended this event.

