

# SAAYA CIL ANNUAL REPORT

## ISLAMABAD

July 2019- June 2020



**Report Prepared by:**

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## Acknowledgement

Saaya Independent Centre for Independent Living contributing from last 3 years. HANDS Pakistan supporting to Saaya Centre for Independent Living located in Islamabad to assist persons with disabilities to achieve greater independence by providing services and activities which enhance independent living skills and promote the public's understanding, accommodation, and acceptance of their rights, needs and abilities.

People with disabilities are still finding it hard to accept their disability. As a result, they are not able to play a much constructive role in the society. Saaya Centre for Independent Living intends to bring such people out of their solace and misery and into the mainstream national life. Saaya Independent Centre for Independent Living strives to build capacity of persons with disabilities and their families.

We want to express our special gratitude for the personal involvement and interest of HANDS Pakistan to include Person with disabilities at Level. Now with the moral and financial support by HANDS Pakistan, financial burden decreased and working of Saaya CIL staff become more efficient and effective

**Regards**

Saaya Team

## Saaya Association of Person with Disabilities (Introduction)

Saaya Association (Organization of Disabled Persons) is registered (VSWA/ICT/562), non-profit and cross disability association, which supports people with disabilities (PWDs), enabling them to realize their full potential through new opportunities, personal choice, and community involvement. The association is working for improving the ultimate status with dignity of people with disabilities. Saaya is focused on Independent Living, Inclusive education, Barrier Free & Right-Based society and access to Justice. It pays special attention to the wellbeing of women and girls with disabilities, as they are subjected to multiple layers of discrimination. The exclusion of persons with disabilities in any country carries heavy financial and social consequences.

Mission of the Saaya is to contribute for improving the social-economic, cultural condition of people with disabilities through the promotion of information, knowledge, skill, awareness and advocacy through the mass media. The 80% staffs of the association are persons with disabilities and contributing on voluntarily basis with gender equality in practice. Our main focus is to work for the betterment of people's attitudes towards persons with disabilities and enhance, promote access to their opportunities in all facets of life. By achieving that, much secure and better living conditions for the persons with disabilities can be made possible. People with disabilities are still finding it hard to accept their disability; as a result, they are not able to play a much constructive role in the society.

## Saaya Centre for Independent Living (Supported by HANDS Pakistan)

Independent living is about all disabled people having the same rights and choices as everyone else. It is about the human rights of disabled people. However, independent living does not mean that an individual does everything themselves; whether disabled or not we are all interdependent. We all interact with others and depend on them in everyday life. But if one set of people are denied basics such as education, housing, support, they are at a disadvantage and have less chance to make independent choices or exercise their basic human rights. They do not have choice and control.

Saaya CIL intends to bring such people especially children/persons/women with disabilities out of their shell of misery into the mainstream life. It also intends to create an environment in Pakistan in general but with special emphasis on Independent Living Centre where People with Disabilities (PWDs) can visit marketplace and other places of public interest without being sneered at or without feeling ashamed of being on a wheelchair or any other assistive gadget.

Saaya CIL is an exemplary and highly appreciated implementation of emerged concept of 'Independent Living' in real terms for the persons with diverse and severe disabilities. It has been serving the desperate individuals with diverse and severe disabilities for more than two years with the support of HANDS Pakistan.

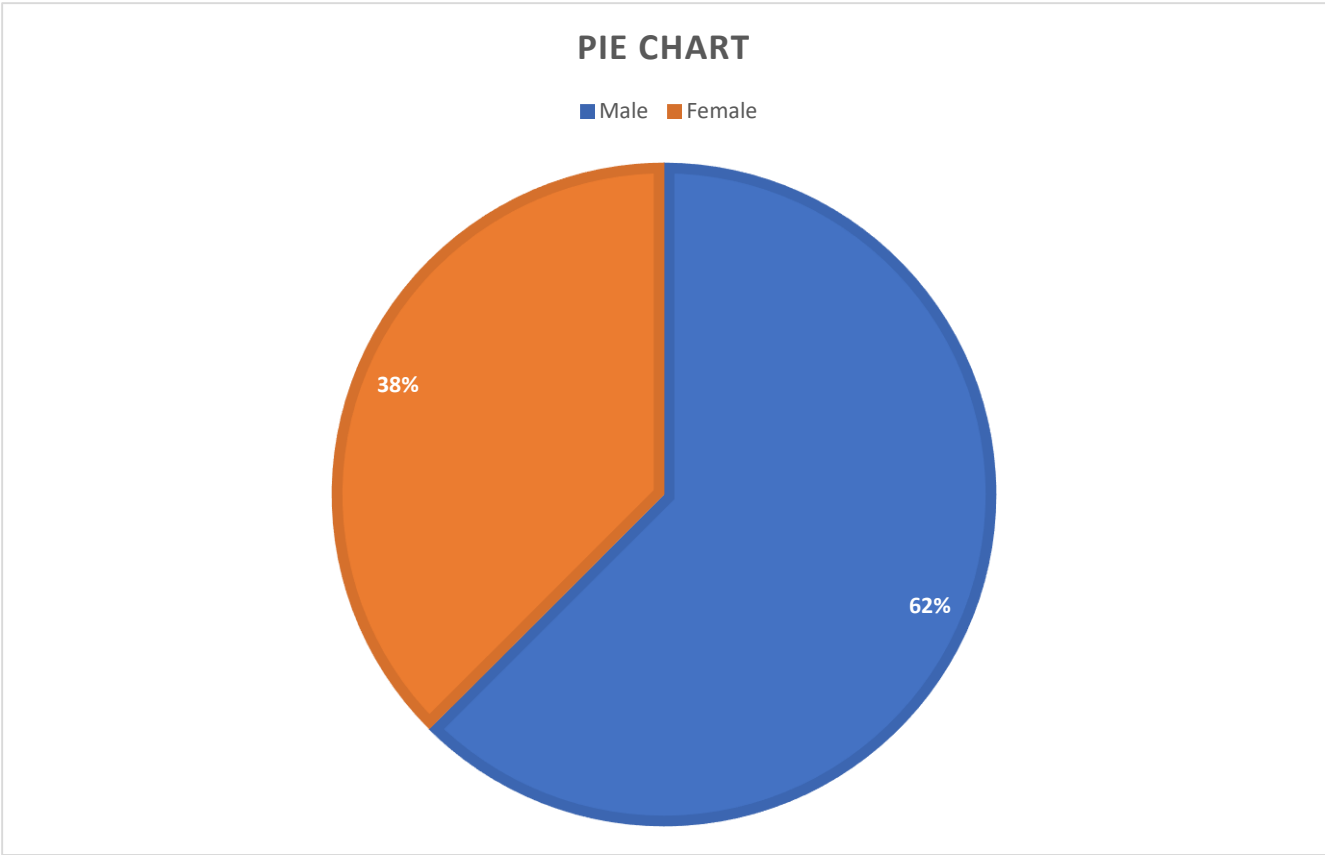
Saaya Centre for Independent Living is new ray of hope in the lives of persons with disabilities. 'Independent Living' demands the equal rights for the individuals with any form of disability. It stresses that persons with disabilities are equally eligible to enjoy all the fruits of life and the living. Regretfully, the persons with disabilities remain confined to

their homes. They should not be punished for their disabilities. They are equally humans and they deserve to play their active role in the mainstream.

## Staff Detail

S#	Name of Staff	Designation
1.	Ms. Saima Aslam	Program Manager
2.	Mr. Kamran Khan	Finance Manager
3.	Mr. Shafiullah Khan	Office Boy
4.	Ms. Ayesha Sajid	Admin Officer
5.	Mr. Amir Khan	HR & Recourse Mobilization
6.	Mr. Ansar Bangash	Coordinator SCI
7.	Mr. Arslan Cheema	Peer Counselor
8.	Mr. Sajjad Haider	Design & Build Manager
9.	Mr. Saeed Anwar	Office Boy/Attendant
10.	Ms. Saba Ali	Personal Assistance

# Gender wise Pie Chart



## Details of Organizations /Networks/DPOS/INGOS

Sr No	Name
01	CBID Network Pakistan
02	HANDS Pakistan
03	Pakistan Bait-ul-Mal
04	CBM Pakistan
05	Sightsavers International
06	NOWPDP
07	National forum of women with disabilities
08	Milestone society for special person Lahore
09	Disabled Welfare Association Karachi
10	STEP Islamabad
11	UNDP
12	Red Crescent
13	IFES
14	Universities of Islamabad /Rawalpindi

## MAJOR TARGET vs MONTHLY ACHIEVEMENT AND OUT COMES

<b>Activities</b>	<b>Target</b>	<b>Achievement</b>
Supervisory Visit by Patron/ Board Members	2	2
visits by Senior Executive Member. CE CR&D CHIDE CFO CSE	4	4
Supervisory visits by DEM	12	9
Supervisory visits by Local Govt./Line Dept. Official	2	2
Monthly Progress Review	12	12
Project Committee Meetings	12	12
Meeting with Partner NGO (External Meetings)	3	6
NGOs / Others (Networking with)	12	15
Case Studies / Stories	4	20
Banners	1	13
Number of Coverage in Newspapers	4	5
Number of Social Media Posting (Facebook, Website,	12	80
Awareness Session	12	9
Awareness Session (Sessions Participants)	240	160
Accessible Audit	0	1
Attendant Training	0	0
Seminar/Workshop/Conferences	0	5



## Achieved:

Total 15 events were attended by SAAYA CIL Islamabad. These include conferences and seminars too. Details of the events participated are mentioned in the table below:

<b>Sr NO</b>	<b>Month</b>	<b>Event Description</b>
1	15th July,2019	Distribution of customized wheelchairs among person with disabilities by Pakistan Bait-ul-Mal at Parliament house Islamabad
2	23 September,2019	Sight savers Global Campaign Fighting for Disability Rights
3	26 September, 2019	One Day Workshop on "Mapping National -Level DPOs and Actors on the Theme of Rights of People with Disabilities" organized by Handicapped International
4	15 <sup>th</sup> October ,2019 to 17 <sup>th</sup> October,2019	Synergizing Rural Women Leadership for Right based Development 12 <sup>th</sup> Annual Rural Women Conference at Lok Virsa
5	21 <sup>st</sup> October to 22 <sup>nd</sup> October,2019	Introducing the Mindset from Charity to Investment among person with disabilities
6	4 <sup>th</sup> November,2019	2 <sup>nd</sup> Khadija Tul Kubra Award 2019
7	3 <sup>rd</sup> December to 5 <sup>th</sup> December,2019	Training workshop of DPO'S and YRCS on disability inclusive sexual and reproductive health.
8	5 <sup>th</sup> December, 2019	Seminar on "Observance of International Disability Day" Pakistan Institute of Rehabilitation Sciences (PIRS)
9	4 <sup>th</sup> December, 2019	Seminar on "Observance of International Disability Day" Fatima Jinnah University Rawalpindi
10	9 <sup>th</sup> January, 2020	Islamabad HANDI Marathon
11	12 <sup>th</sup> February,2020	Seminar on "Understanding of Disability & Independent Living" at NUST
12	24 <sup>th</sup> February,2020	Press Conference on ICT Bill and legislation
13	27 <sup>th</sup> February,2020	Received SAWARA Award at NARC Islamabad
14	4 <sup>th</sup> March,2020	Observance of International Women's Day 2020 COMSAT
15	7 <sup>th</sup> March,2020	Book Launching Ceremony at NISE Islamabad

## ACTIVITIES OF SAAYA CIL JULY 2019-JUNE 2020

Sr. No	Title of Activity	Venue	Date	Number of Participants
1	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office	8-12 July-19	3
2	One Day Awareness Session on disability & Independent Living	Saaya Office	29-Jul-19	18
3	Annual Wheelchair Distribution	Hotel Pak Continental	07-Aug-19	150
4	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office	19-23 Aug-19	3
5	One Day Awareness Session on disability & Independent Living	Saaya Office	23-Aug-19	23
6	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office	20-24 Sep-19	3
7	One Day Awareness Session on disability & Independent Living	Saaya Office	30-Sep-19	22
8	Accessibility Audit (Follow up)	Aakari Bank I-9 Branch	02-Oct-19	5
9	One Day Awareness Session on disability & Independent Living	Saaya Office	08-Oct-19	18
10	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office	14-18 Oct-19	3
11	Counselling Session with women with disabilities	Saaya Office	25-Oct-19	10
12	Counselling Session with men with disabilities	Saaya Office	25-Oct-19	10
13	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office	11-15 Nov-19	3
14	One Day Awareness Session on disability & Independent Living	Saaya Office	28-Nov-19	17
15	Seminar on "Observance of International Disability Day"	Fatima Jinnah University Rawalpindi	04-Dec-19	150
16	Seminar on "Observance of International Disability Day"	Pakistan Institute of Rehabilitation Sciences (PIRS)	05-Dec-19	150
17	One Day Awareness Session on disability & Independent Living	Saaya Office	10-Dec-19	11
18	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office	23-27 Dec-19	3
19	Islamabad HANDI Marathon	F-10	09-Jan-20	300

20	One Day Awareness Session on disability & Independent Living	Saaya Office	16-Jan-20	18
21	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office	27-31 Jan-20	3
22	Seminar on "Understanding of Disability & Independent Living"	School of Mechanical & Manufacturing Engineering (SMME) at NUST University Islamabad	12-Feb-20	50
23	5 Days Internship Program on Coherent Capacity Development for students with disabilities	Saaya Office	10-14 Feb-20	3
24	One Day Awareness Session on disability & Independent Living	Saaya Office	20-Feb-20	20
25	Press Conference on ICT Bill and legislation	Press Club Islamabad	24-Feb-20	50
26	Observance of International Women's Day 2020	Comsats University Islamabad	04-Mar-20	200
27	Food Pack distribution among person with disabilities	Saaya Office	01-Apr-20	49
28	Food Pack distribution among person with disabilities	Saaya Office	03-Apr-20	35
29	Food Pack distribution among person with disabilities	Saaya Office	07-Apr-20	28
30	Food Pack distribution among person with disabilities	Saaya Office	14-Apr-20	50
31	Food Pack distribution among person with disabilities	Saaya Office	17-Apr-20	50
32	Food Pack distribution among person with disabilities	Saaya Office	30-Apr-20	49
33	Food Pack distribution among person with disabilities	Saaya Office	20-May-20	100

## Visitor Gallery

Date	Name Designation and Organization	No. of Visitors	Venue	Purpose & Objective
18-09-2019	Mr. Reheel from SLF	1	Saaya CIL	Visit of organization to know about working of organization.
18-09-2019	Ms. Alishba from New Sahara	1	Saaya CIL	Visit of organization to know about working of organization.
18-09-2019	Ms. Saiyna & Ms. Amira Qureshi from Sight Savers	2	Saaya CIL	Photography for Petition Ceremony by Sight savers
1-10-2019	Amina Muneer\Alina Hussain	2	Saaya CIL	Discussion on project regarding wheelchair
2-10-19	Representatives from BISP	2	Saaya CIL	Data collection
08-10-19	Dr. Ilqa and Dr.Uzma from AFIRM	2	Saaya CIL	Future Collaboration
09-10-19	Madam Ayesha Farid Job Replacement NTCSP	1	Saaya CIL	Future Collaboration
11-10-19	Waqar Nazeer (Advocate)	1	Saaya CIL	Visit of organization to know about working of organization.
14-09-19	Mr. Awais	2	Saaya CIL	Future Collaboration
17-10-19	Meeting with Mr. M Ishaq Director TDAP Islamabad & Ms Mehnaz from KADO Organization	2	Saaya CIL	Future Collaboration
21-11-19	Mr. Omer Jafri	1	Saaya CIL	Future Collaboration
17-01-20	Miss Saima from Suffah foundation	2	Saaya CIL	Future Collaboration
22-01-20	Ms. Zahida Qureshi from Society for Special Persons Multan	3	Saaya CIL	Future Collaboration

# SAAYA CIL ACTIVITIES PICTURES JULY 2019- JUNE 2020







Note:

- Total Internal Meetings Attended: 36
- Total External Meetings: 32

### Summary Findings (Organization Internal)

Area of Findings	Summary of Findings		Lesson Learnt
	Strengthen	Weaknesses	
<ul style="list-style-type: none"> <li>• Networking and Coordination</li> </ul>	<ul style="list-style-type: none"> <li>• Human resource is trained</li> <li>• Capacity Building of Person with disabilities increases</li> <li>• Presence and Participation at Different Forums</li> <li>• Many persons with disabilities approached Saaya</li> <li>• Regular Staff performed their duties well and is dedicated</li> <li>• Food Distribution among person with disabilities in COVID -19 situation</li> <li>• Online Sessions were conducted during Lockdown</li> </ul>	<ul style="list-style-type: none"> <li>• Person with disabilities did not come due to COVID-19 from February 2020</li> <li>• Events not conducted due to COVID-19</li> </ul>	<ul style="list-style-type: none"> <li>• Poverty is the solid reason which stops Person with disabilities to include in the society so recourse mobilization should ensure</li> </ul>



## Summary Findings (Organization External):

Opportunities	Threats
<ul style="list-style-type: none"><li>• We get chance to Engage new person with disabilities in different activities /sessions and programs</li><li>• SAAYA CIL being only centre for Independent Living based in Islamabad, introduce Programs/Activities at different forums</li><li>• Due to COCID-19 situation Saaya reached 100's of new and needy person with disabilities and distributed Food packages</li></ul>	<ul style="list-style-type: none"><li>• Government regulations for the NGOs, provision of NOCs to work.</li><li>• Shrinking space of donors in Pakistan</li><li>• Most of activities stopped due to COCID-19</li><li>• Events, Seminars, Conferences and Public activities has been stopped due to current situation of COVID-19</li></ul>

## Challenges/ Constraints

- Finance: It is requested to please release amount quarter wise.
- Transportation is the major challenge for Staff/Person with disabilities to come Centre
- New Building is needed for IL Resource center
- Conflicts: no conflict with any one

## Future Plan

- Monthly Disability & Development Awareness Sessions for Person with disabilities and their Families.
- Independent Living Session 8 Person per session Saaya CIL = (Target 96)  
Total Participants = Target 120
- One Week Internship Training Program for Students with disabilities on Monthly Basis (Target 36)
- Accessible Audit Target =3
- Attendantship Training Target =2
- Counselling of Person with disabilities Target =60
- Ensure active participation at all seminars & conference
- Outreach Activities for Person / Women with Disabilities
- Partnerships with different Organization through networking
- Meeting with new donors for recourse mobilization
- Seminars in different Universities Target =4
- Ensure Participation in External Trainings/Conferences and Seminars
- Support and participate Govt for conducting any program for the Rights of person with disabilities
- Saaya CIL will Include more person /women with disabilities / PA as staff
- Educational support and PA charges increased by HANDS

## **Conclusion:**

- Saaya CIL is playing fundamental role in development of marginalized communities. Saaya CIL has clear vision to improve the ultimate status with dignity of people with disabilities with the focus on Independent Living, Inclusive Education, and development of a Barrier-free & Right-based society.
- Saaya CIL through its leadership has opened new horizons for new Person /Women with disabilities. Saaya CIL Islamabad plays a vibrant role in changing the lives of many people with disabilities through different Counselling sessions, sessions regarding understanding of disability, Group discussions, IL trainings and Capacity Building. Saaya CIL also built good relationship with the development partners, Donors, INGOs, NGOs and others DPOs, Public Sector Partners, private sector partners, Journalists, electronic media persons, news reporters All this is to forward the agenda of integrated development for the person with /without disabilities in Pakistan to promote Saaya work and visibility.
- Exploring the opportunities of Capacity building, Resource Mobilization and networking.

## **Salary Disbursement to Saaya CIL Islamabad from July 2019-June 2020:**

There is no salary given to the staff of Saaya CIL except the support in form of Education, PA service to person with disabilities from HANDS Pakistan.

## **Financial Expenditures of Saaya CIL Islamabad from July 2019-June 2020:**

Total funds received by HANDS Pakistan are 16,23,800/=PKR and total expenses are 16,23,800/=PKR